

GuidanceResources®

Logging into GuidanceResources® Online

First-time users, follow these simple instructions and start exploring the resources offered to you on GuidanceResources® Online.

- 1 Go to guidanceresources.com.
- 2 Once on the guidanceresources.com home page, click the **Register** tab.
- 3 Enter your Organization Web ID and click the Register button.
- 4 You will then be asked to enter a Username, your First Name and your Personal Email Address, as well as to create a Password.
Both your Username and Password can be anything you would like as long as they conform to the requirements listed on the page. Be sure to read the Terms of Use and click the check boxes to indicate your agreement to those terms and to the age verification.
- 5 Once you have completed registration, you will be asked to verify your email address.
- 6 After submitting your email, an authentication code will be sent to your address to verify your account.
Retrieve the code and enter it in the space provided.
- 7 When you've finished, click the Submit button at the bottom of the page. You should now be on the website.

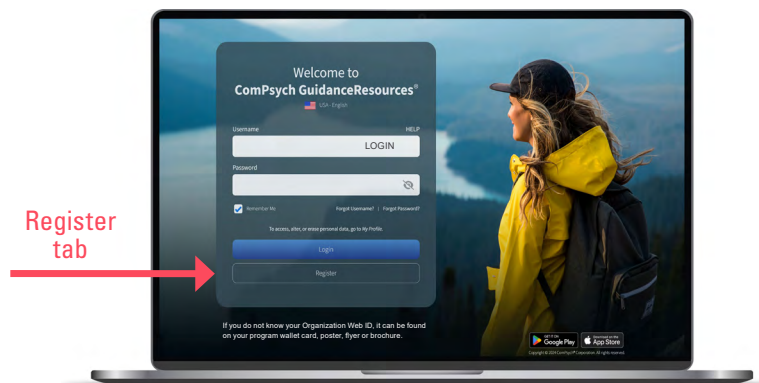
For Future Logins

You will only need to remember your Username and Password.

- When you get to step 2 above, instead of clicking on the Register tab, use the Login section.
- Enter your User Name and Password.
- Click the Login button.
- This will take you directly to GuidanceResources® Online.

Did you know?

All Gordon Food Service employees' household members ages 13 and older enjoy free support from the GuidanceResources® program, too. Use the following information to register and create your own profile using your personal email to connect to services today.



If you have any problems registering or logging into GuidanceResources® Online, email Member Services at memberservices@compsych.com.

Gordon
FOOD SERVICE

COMPSYCH
GuidanceResources® Worldwide

24/7 Live Assistance

Call: 888.399.5875 | **TRS:** Dial 711

Online: guidanceresources.com | **App:** GuidanceNowSM | **Web ID:** GFSEAP

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